



Training to Start at WCFC

Kiaora to all members of Waitakere City Football Club.

The time has arrived!

We can start training again from 25th May and prepare for the season that is hopefully fast approaching.

The previous 6 weeks, your club executive has been planning for this moment. We have implemented many new protocols and systems that must be followed to allow for our 'Back to Football' plan to work.

We have received sign off from NFF and NZ Football on our plan to bring football back to Fred Taylor Park. The council has tidied up the fields and our sign writers have been hard at work installing the information you need to stay safe.

Your coaches have all been briefed of our plan and will be in touch in the coming days, on when your team will restart.

We are still waiting on details of how the competition will look and for how many weeks it will run. However this doesn't mean we can't start training and allow all of you back playing football, just a little more safely. We are not aware of further discounts from the federations on their fee and how if any discount will be applied to the over all WCFC fee at this stage. As soon as we know more information we will inform members. We understand that some members will find it difficult to pay fees this year. Please let us know if thats you and we will help to find a solution.

We have all done amazingly with lock down and keeping our social distance outside of our bubbles. Now we need to transfer those practice's of health techniques to the park.

Below is an outline of the new sign in systems and health protocols we all must follow. These are applicable to all players, parents and supporters that visit Fred Taylor Park. If anyone has any concerns or questions please don't hesitate to contact the club. All of this information and more will be available on the website to view.

Our Back to Football Plan is based on the following key messages:

- Contact tracing is important for all people attending football, with a record kept of everyone attending our various activities, their name, address, phone number and email address.
- Activities are limited to 10 people per pod, until friday 29th of May.
- All non-players should maintain a 2m physical separation to others. There is an understanding that physical distancing cannot be maintained by players on the field.
- All members should wash or sanitize their hands before starting and at the end of their activity.
- Members must not share water bottles or food.
- Anyone showing any signs of illness should remove themselves from the activity and return home.

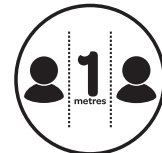
Entry and Exit of Fred Taylor Park.

On entry to the park all persons need to be signed in. This is done via a QR code (to the right) printed on multiple signs installed around the grounds.

Simply hold your phones camera in front of the QR code and it will direct you to a login page. Please fill out all the required information and sign in. Some phones will hold on to the details so the next time you scan its already there. The app will confirm you have signed in and produce a sign out button.

On leaving the park, simply click the sign out button on the screen and its complete. You can access your own scan diary through the app and WCFC is responsible for all the data stored.

Protect yourself and others from COVID-19



Please keep 1m distance between people while training.



Stay home if you feel unwell.



Wash / Sanitise your hands at the beginning and end of training.



Clean and disinfect frequently touched surfaces and objects, such as footballs and equipment after each session.



Cough or sneeze into your elbow or by covering your mouth and nose with tissues.



Put used tissues in the bin or a bag immediately.



Don't touch your eyes, nose or mouth if your hands are not clean.



ALL people at the park MUST sign in and out



PLEASE CHECK IN!





Training.

All players need to make themselves known to the coach on arrival and will be asked to sanitise their hands prior to and after all trainings. To make sure we have a solid record of contact tracing coaches will be taking attendance and asking that all parents and caregivers have signed in.

Players need to ensure they do not interact or come into contact with players in a different team or pod on arrival to training. Unfortunately this includes any hand shakes and welcomes. The training pitches will be marked into pod spaces and we must all ensure that we keep to these areas. Please do not wonder through another team's pod and training area and enter / exit the training areas around the outside of the field.

Everyone while at the park must follow standard Covid 19 health guidelines - Sneeze / cough into your elbow, wash / clean your hands as often as required, don't touch your face while training and absolutely no spitting on field surfaces.

For the next week, trainings will be devised so that they limit the amount of contact and are able to be run in pods of no more than 10 people. On May 29th this max number will move to 100 people which will allow for a more standard training experience.

All coaches will ensure that all equipment and balls will be sanitised after every use. Drink bottles and food will not be permitted to be shared amongst players.

Parents, caregivers and supporters.

Trainings have always been a great time for socialising and getting to know the other parents in the team. For the next few weeks we ask that all parents try to remain in their vehicles if possible and continue to maintain 2m social distancing if outside the car. Parents, caregivers and supporters must not interact with other parents from another team or pod, especially while walking through the car parks.

Most importantly, if anyone in your household is unwell for any reason please stay at home. If any player begins to feel unwell while at training they should make the coach aware as soon as possible and remove themselves from training.

Clubrooms and the Bar.

Under the latest Level 2 restrictions the Clubrooms and the Bar are permitted to be open but under some strict guidelines. Most importantly the clubrooms will be seated only and tables will be spaced apart for members according to Ministry of Health regulations. All members are required to keep to standard physical distancing measures and health practices.

On entry to the clubrooms there is another QR code specifically for the club. Proof of your sign in may be requested on entry. The numbers of patrons inside the club will be restricted and is the sole responsibility of the Bar management to administer. Please respect each other upstairs and enjoy being back at Fred Taylor.



Hopefully these requirements will only be for another week or two and we can ease back into 'normal' training. It is foreseeable that hand cleansing and contact tracing procedures will and should be continued for the rest of the season. Once we all get used to it, this will become the new normal.

Your respective coaches will be in touch to let you know more about when your team will begin training.

Please keep an eye on the club website and Facebook pages for additional information on the beginning of the season and some great events we have lined up to get life back up at Fred Taylor Park.

Stay safe.

Regards
WCFC Executive Committee.

waitakerecityfc.org.nz

www.facebook.com/WaitakereCityFc